

July 2023



*Rights without duties
make anarchy
Duties without rights
make slavery*

- Francis Bacon

VIGILANT

A State Bank of India Staff Union Amaravati Circle's Monthly Journal

"The People United will never be defeated"

Regional Committee Meeting of Mangalagiri Region, Guntur Module held on 08th July 2023



State Bank of India Staff Union Amaravati Circle Guntur Module, Mangalagiri Regional Committee Meeting was conducted at Mangalagiri on 08th of July 2023. Our Beloved leaders Com. S. Kiran Kumar Reddy, President and Com. L. Chandra Sekhar, General Secretary attended the meeting as Chief Guest. Com. N. Srinivasacharyulu, DGS, Com. K. Koti Reddy, AGS, Com. V. Narendra Kumar, AGS, Com. P.S. Ranga Sai, Asst. Treasurer of Guntur Module and other module office bearers attended the meeting. Sri P. Visweswara Rao, Regional Manager, RBO, Mangalagiri, also graced the event.

The meeting was begun with a prayer song by Com. B. Santhi, Mangalagiri Branch, Com. P. Nafeesa, Com. A. Haritha of Mangalagiri Region. More than 138 members and 43 Local secretaries attended the meeting and discussed various issues of Cash-in-charges, wage revision settlement and service conditions. Our beloved General Secretary clarified all the doubts raised by the comrades. Vote of thanks has been conveyed by Com. Raviteja, Iragavaram Branch.

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Regional Committee Meeting of Vijayawada West Region, Vijayawada Module
held on 09th July 2023



State Bank of India Staff Union Amaravati Circle Vijayawada Module, Regional Committee Meeting was conducted at Vijayawada West Region held on 09th July 2023 under the leadership of Com. G. Raja Sekhar, Regional Secretary, Vijayawada West Region. Our beloved leader Com. L. Chandra Sekhar, General Secretary is the Chief Guest of the Regional Committee Meeting Com. V.S.R. Sekhar, Vice President, Vijayawada Module presided over the meeting. Com. V. Bhavani Prasad, DGS, Com. K.T. Chakravarthi, AGS, Com. B.V.G. Srinivasa Rao, AGS, Com. R. Siva Prabhakar, Asst. Secretary of Vijayawada Module and other Regional Secretaries and leaders attended the meeting. Various Issues were discussed by our leaders with the Local Secretaries in this meeting.

The meeting was begun with a prayer song by Com. P. Venkata Lakshmi, Jaggayapeta branch. More than 175 members and 41 Local secretaries attended the meeting and discussed various issues like modification of cash-in-charges cabins in E-SBH branches, staff shortage, SOP for joint custodians, Gold Loans and appraisers in branches, wage revision settlement and service conditions. Our beloved General Secretary clarified all the doubts raised by the comrades. Vote of thanks has been conveyed by Com. G. Rajasekhar, Regional Secretary, Vijayawada west Region.

Regional Committee Meeting of Gudur Region, Tirupati Module held on 02nd July 2023



State Bank of India Staff Union Amaravati Circle Tirupati Module, Regional Committee Meeting of Gudur Region, held on 2nd July 2023, under the leadership of Com. G. Vinay Kumar, Regional Secretary, Gudur Region, Com. V.V. Prasad, Vice President presided over the meeting. Our beloved Com. S. Kiran Kumar Reddy, President and our beloved Com. L. Chandra Sekhar, General Secretary attended the meeting as Chief Guest, Com. K.V.S.N. Murthy, DGS, Tirupati Module, Sri G. Arun Kumar, Regional Manager, Gudur, Com. K. Giridhar, AGS, Com. M. Virupaksha Raju, AGS Com. T. Babu, Asst. Treasurer, Com. P. Giridhar, Organising Secretary for Ex Servicemen, Com. M. Sasikala, Organising Secretary for ladies and other Regional Secretaries and other module office bearers attended the meeting.

The meeting was begun with a prayer song by Com. Y. Sarada, Sriharikota Branch, Com. A. Radhika, Sullurpet town Branch, Com. A Alekya, Gudur main branch. Around 200 of Gudur region plus 100 comrades from other regions participated and 43 Local secretaries attended the meeting and discussed various issues like Premises shifting of various branches, Gold loan chebs, CBS issues, LOS Issues. Our beloved General Secretary clarified all the doubts raised by the comrades.

Vote of thanks has been conveyed by Com. P. Bhuvaneshwar, Gudur Balajinagar Branch.

COM. Y. THARAK NATH MEMORIAL UNION ACTIVITIES CONDUCTED IN TIRUPATI MODULE ON 20th JUNE 2023



SBISUAC, Tirupati Module arranged a blood donation camp at A.O. to commemorate our late leader Comrade Y. Tharakanath's 19th death anniversary. Mrs. Dr. B. Vengamma, Director of SVIMS Tirupati, graced the occasion and inaugurated the program. Sri R. Vardarajan, DGM (B&O), Administrative Office, Tirupati Module, was the event's chief guest. All comrades working in the Tirupati Region and A.O. enthusiastically engaged in this activity. More than 150 units of blood were collected during this blood donation session. SVIMS Tirupati Blood Bank has given their support for the endeavor. Essential consumables were distributed to 137 outsourcing employees working in Tirupati module.

As part of this event, a food donation drive was held at the Tirupati Main Branch, along with various service activities at Tirupati's Abhay Kshetram Orphanage.

DGS Com. K.V.S.N. Murthy, Tirupati Module, Com. V.V. Prasad, Vice President, Tirupati Module, Com. K. Giridhar, AGS, Com. M. Virupaksha Raju, AGS and all Local Secretaries took part in these service activities.

నా యూనియన్

ఆగిపోదు, ఆగిపోదు
 యూనియన్ ఆగిపోదు ----- మనల్ని వీడిపోదు
 స్పష్టిలో చలనం ఏది ఆగిపోదు
 పారే నది ----- వీచేగాలి -----
 ఊగే చెట్టు ----- ఉదయించే సూర్యుడు
 ఇవేవి ఆగిపోవు ----- మనల్ని వీడిపోవు
 కర్షకుడి శ్రమ ----- సైనికుడి తెగింపు
 కార్మికుడు కష్టం ----- నాయకుడి త్యాగం
 వీరెవరూ ఆగిపోరు ----- మనల్ని వీడిపోరు
 యూనియన్ ఆగిపోదు ----- మనల్ని వీడిపోదు
 అనుకున్నది సాధించాలని, నీలో కసి కసి గ ప్రవహిస్తుందే
 ఆ నెత్తురు తోనే ఏది ఆగిపోదు----- ఆగిపోదు ఆగిపోవడానికి వీలులేదు
 యూనియన్ ఆగిపోదు ----- మనల్ని వీడిపోదు.

కా|| మహేష్
 లోకల్ సెక్రటరీ
 అనకాపల్లి మెయిన్ బ్రాంచ్

STRESS-BUSTERS

- Every take off is optional, every landing is compulsory.
- There are two kinds of secrets; one is not worth keeping and the other is too good to keep.
- Never put off the work until tomorrow; what you can put off today.
- Success is a relative term - it brings so many relatives.
- The more you say, the less people remember.
- Living on earth may be expensive, but it includes an annual free trip around the sun.
- A conclusion is the place where you get tired of thinking.
- No one has ever complained of a parachute not opening.
- Bank Rule: To get a loan, first prove you don't need it.
- A fine is a tax for doing wrong. A tax is a fine for doing well.
- Budget: A method for getting broke methodically.

AMAZING HUMAN BODY

- In one square inch of skin there are four yards of nerve fibres, 1300 nerve cells, 100 sweat glands, 3 million cells, and 3 yards of blood vessels.
- Except for our brain cells, 50,000,000 of the cells in our body will have died and been replaced with others, all while reading this sentence.
- The adult heart beats about 40,000,000 times a year. In one hour the heart works hard enough to produce enough energy to raise almost one ton of weight one yard from the ground.
- Red blood cells make approximately 250,000 round trips of the body before returning to the bone marrow, where they were born, to die.
- A rod cell in the human eye can detect a single photon of light. This is the amount of light might reach the eye from a candle, a mile away.
- One person eats 1,100 pounds of food each year, which is about the weight of a small car!
- About one-fourth of all the bones in the human body are in the feet.
- The total weight of skin in an average adult human is 6 lb. (2.7kg).
- We discard about 10 billion skin flakes every day. Over a year this mounts up to nearly two kilograms.
- It takes about 20 seconds for a red blood cell to circulate through the whole body.
- The life span of a taste bud is ten days but the cells are constantly being renewed, roughly one every ten hours.
- If one yelled for 8 years, 7 months and 6 days, he would have produced enough sound energy to heat one cup of coffee.
- Our eyes are always the same size from birth, but our nose and ears never stop growing.
- At 40° Centigrade a person loses about 14. 4 calories per hour by breathing.
- Wearing headphones for just an hour will increase the bacteria in your car by 700 times.
- Depending upon the shade, the brain may send up to 11 tranquilizing chemicals to calm the body.

Astonishing Facts

1. Google earns almost Rs.1.5 Lakh a second
2. The speed of Brain neuron communication is 400KMph
3. Each star has a different colour depending on their temperature
4. A human body contains almost 100 trillion cells
5. 20 percent of Oxygen you breathe is used by your brain
6. The smell of after rain is Petrichor
7. Dopamine addicts you to seek information
8. Eyes blink over 1,00,00,000 times a year
9. Average weight of human mind is around 1.5 Kg
10. Rhythm is the longest English word without a vowel

Quiz Time

1. Founder of Vijaya Bank?
2. Who became the youngest Formula 1 Champion in 2010?
3. The Belur Chennakesava Temple was consecrated by which Hoysala King?
4. Popularly known as Dadasaheb, who was the first Speaker of Lok Sabha?
5. Which Indian Bank was founded by Maharaja Sivajirao Gaekwad III, on 20th July 1908?
6. Headquarters of Eastern Naval Command?
7. India's Largest daily selling Newspaper?
8. Gujrat Titans (Kabaddi) is an Initiative of which group?
9. First Chairperson of SBI?
10. Indian Naval Academy is in which state?

JUN'23 QUIZ TIME Answers

1. English as a medium of instruction
2. New York
3. Kamala Harris
4. Australia
5. Narain Karthikeyan
6. Kakatiyas
7. Gir National Park
8. Dr. Raj Kumar
9. Nykaa
10. Lewis Hamilton

JUL'23 Puzzle

	9			3			6	7
		8				1		
	4	2	8		1			
5		4			7			
7	3						5	
9					2	4		
			7	5			4	
					3	2		1
	6							

Jun' 23 Puzzle Solution

8	5	4	6	2	1	9	3	7
7	9	3	4	5	8	2	1	6
2	6	1	9	7	3	8	5	4
6	7	9	5	3	2	1	4	8
5	1	2	8	4	7	3	6	9
3	4	8	1	6	9	5	7	2
4	3	5	2	9	6	7	8	1
1	2	6	7	8	5	4	9	3
9	8	7	3	1	4	6	2	5